

SPOTS

Sex and Prevention of Transmission Study

EARLY STUDY FINDINGS

HIV PREVENTION AND SEXUAL HEALTH

Sexual partnering

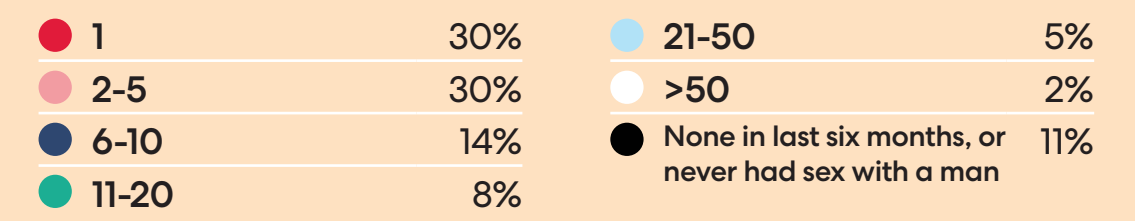
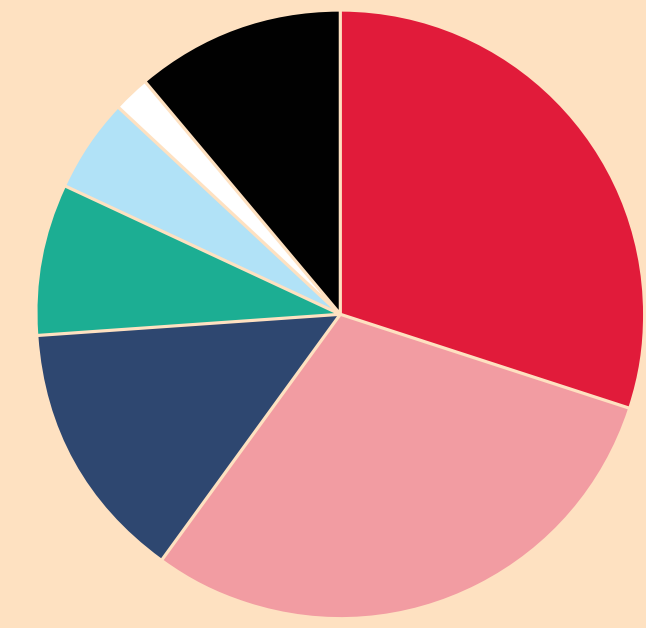


Of the 3,838 participants, **55%** reported sex with a man in the last 7 days

97% had ever had sex with a man and 47% with a woman. A quarter (**23%**) had sex with a non-binary person.

Three-quarters (**74%**) reported a regular male sexual partner in the six months prior to survey

Number of male sexual partners in the last six months



PrEP

97% had heard about Pre-exposure prophylaxis (PrEP)

24% had taken PrEP in the last 6 months

Of those who took PrEP, three-quarters (**77%**) had taken PrEP in the last week

HIV testing

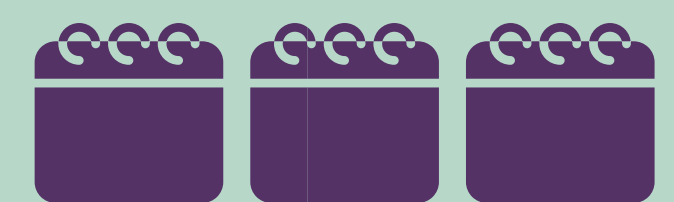


87% of participants had tested for HIV at least once in their life



One in 22 people (**4.5%**) were living with diagnosed HIV

Of these, **98%** were taking HIV treatments and had an undetectable viral load (UVL)



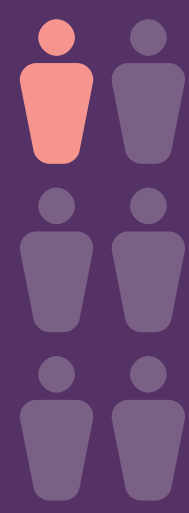
44% of participants who had last tested negative for HIV had tested in the last 3 months

Sexual health

The majority of participants (**62%**) had been for a sexual health checkup in the 12 months before the survey

One in six of all participants (**17%**) were diagnosed with a sexually transmitted infection (STI) in the last year.

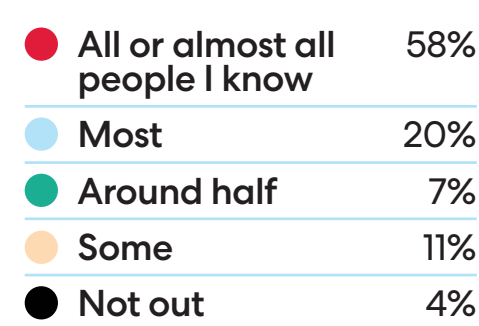
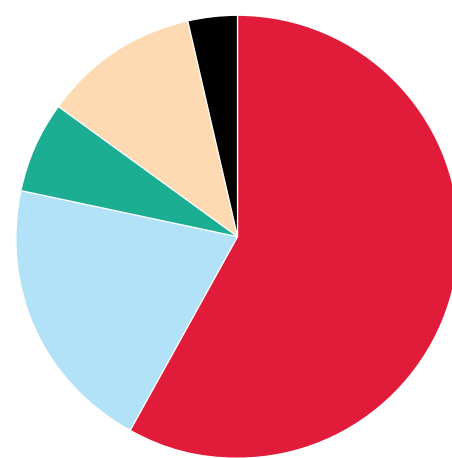
The most common were gonorrhoea, chlamydia and/or syphilis.



Being out

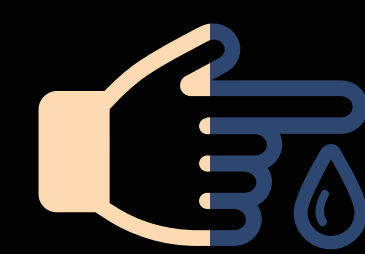
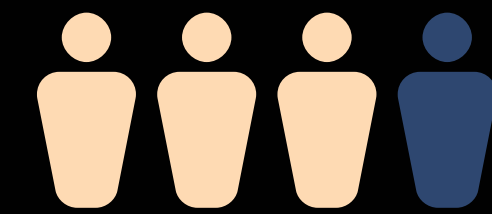
Many participants were open (out) about their sexual identity to all or most people they knew. Around **15%** weren't out or were only open to some others.

How open (out) are you about your sexual identity?



Survey completion

Three-quarters (**77%**) of participants who started SPOTS made it to the end of the survey



52% agreed to being sent a dried blood spot (DBS) kit in the post

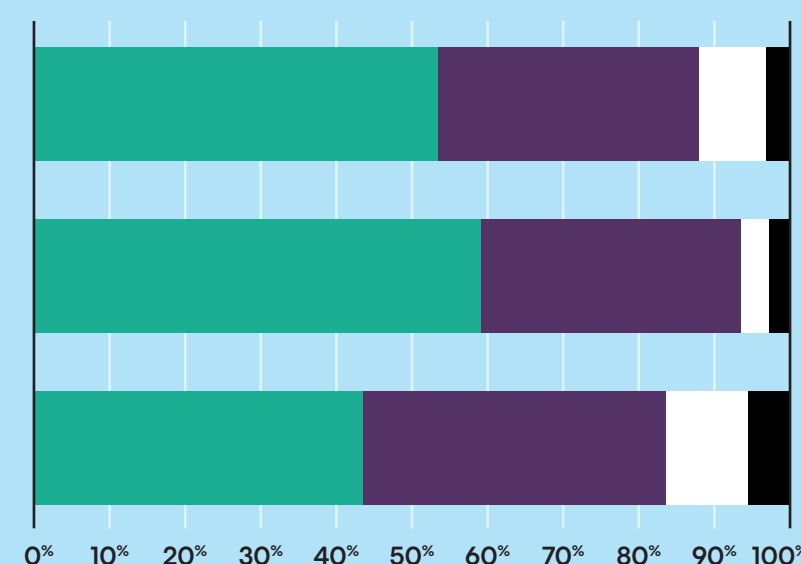
Attitudes

Strongly agree Agree Disagree Strongly disagree

The sex I have is always as safe as I want it to be

Condoms are ok as part of sex

HIV and AIDS are a less serious threat than they used to be because of treatment



Knowledge

I knew that I wasn't sure I didn't know that

PrEP (pre-exposure prophylaxis) is a pill that can be used by someone who is HIV negative to significantly decrease their risk of acquiring HIV, if taken as prescribed

Being on HIV treatments, reaching and maintaining an undetectable HIV viral load (UVL) means that someone living with HIV cannot pass on HIV to their sexual partners

Condoms are the most effective tool to prevent both HIV and STIs

